

St Luke's

# Little Bay Life

NEWSLETTER

## Come and see us at Little Bay

Welcome to Issue Number 3 of Little Bay Life. We hope that this newsletter will give you a flavour of what it's like living by the sea at Little Bay. Direct access to the beach, golf courses and wide open spaces are just some of the attractions.

Everything about Little Bay is the best of quality living for the over 55s! And we're only 20 minutes from the city. But don't linger... over 80% of the apartments have been sold or have had deposits taken. We look forward to seeing you there.



## Enjoy an art show and OPEN DAY

Saturday March 19th 2011,  
10am – 4pm

Join us at St Luke's Little Bay Apartments for our Open Day on Saturday 19th March and enjoy some great free attractions...

- A wonderful Art Show containing over 200 paintings and photographs, many of which are for sale.
- The opportunity to view 6 new display apartments and all the facilities enjoyed by our residents.
- Enjoy complimentary refreshments throughout the day (morning & afternoon tea, plus lunch).

...and you're invited!



# Check out St Luke's Apartments Open Day Art Competition – Saturday 19th March 2011.

Once again in 2011, the ever-popular St Luke's Apartments Art Competition is on during our Open Day.

For those over 55 who paint, draw or take photographs, there's the chance to show off (and even sell) their work and win some great cash prizes.

While it's too late to enter this year, why not pop in and see the talents of the community? Work is exhibited all day from 10am – 4pm and the Prize Giving Ceremony is on at 4.30pm.

Cash prizes will be awarded to winners in the following categories:

- The Kate Knowles Award for Best Overall Work – \$500
- Acrylic/Oil Painting – \$250
- Water Colour Painting – \$250
- Mixed Media Painting – \$250
- Drawing – \$250 (pencil and charcoal)
- Photography – \$250



*See you there...  
and why not think about entering next year?*

## Welcome to your retirement seachange in the city

Live right on the coast, with fresh air and wide open spaces, golf courses, coastal cliff top walks and direct access to the beach. See it all from the spacious balcony of your Little Bay Apartment.

Enjoy a carefree retirement lifestyle with friends and the support of a vibrant community. This beautiful seaside haven is just 20 minutes from the Sydney CBD. Low fees from only \$183 per week\* covers council rates, handyman services, 24/7 on-site emergency assistance, activities and building upkeep.

- ❖ 1 BEDROOM **SOLD OUT!** FROM \$585,000
- ❖ 2 BEDROOMS FROM \$640,000
- ❖ 3 BEDROOMS FROM \$835,000

\*One bedroom apartment. Calculated and payable as \$791 per month. Includes deposits taken.



# Enjoying life after 55



On the 12th of November last year, Little Bay Apartments hosted 70 visitors at our free Retirement and Investment Seminar “Enjoying Life after 55.” Naturally, they all had a vital interest in this subject, and by all reports they weren’t disappointed.

## A VALUABLE INSIGHT INTO RETIREMENT LIFE

Our visitors were treated to informative presentations by the experts from Perpetual Trustees. They provided great insight into the financial issues to be considered before moving into a retirement village and gave valuable information about effective estate planning and safeguarding assets.

A panel of four Little Bay Apartment residents answered a range of questions about their experiences in moving to and living at Little Bay Apartments.

Following the presentations, our visitors were taken on a tour of the magnificent display apartments and were shown the services and facilities this wonderful destination has to offer.



## “Never say never!”



Approximately 2½ years ago Laura Murphy received a telephone invitation to inspect St Luke’s Apartments at Little Bay. She politely declined, saying to herself, “not for me, never!” After all, Laura was a mere 60! Around the same time she received a flyer describing the complex which she “filed” in the back of her mind. Laura takes up her story...

“One day last June I decided that, after 17 years, enough was enough of being a very active secretary/treasurer of a block of strata units in Bondi Junction. I desperately needed to “get a life” and have time for myself.”

“I knew that my wish-list of requirements would be nearly impossible to fulfill. After all, I wanted a modern building, surrounded by wide open spaces in the Eastern Suburbs, with stunning views, a beautiful and spacious apartment, as well as common areas in which to relax and socialise with like-minded people and staff to look after all building maintenance matters. Finally, I wanted shopping centres and other amenities in the locality. I didn’t want much, did I?!”

## WHERE TO GO?

“The phone invitation and flyer then sprang to mind and I began to see light at the end of the tunnel. But I wondered if



*“I’m addicted to the overall friendly atmosphere, love attending the social functions...”*

*Laura Murphy – Resident*

Little Bay would be able to meet my strict requirements? A few days later I inspected several apartments with a very helpful sales staff member and fell in love with a particular one – my wish-list had come true, and more!”

## ADDICTED TO NEW LIFE

“Having been here for three months now, I feel very relaxed. I love the village life (more like a resort in fact) and the camaraderie that exists among residents, who are so willing to help if required. I quickly lost ‘the new kid on the block’ feel. The additional bonus of having no maintenance matters to look after is sheer luxury for me. I’m addicted to the overall friendly atmosphere, love attending the social functions and am thrilled that I can enjoy a few glasses of wine with other residents in the restaurant and don’t have to drive anywhere.”

Laura says, “In hindsight, I should have known better than to say never in the first place!”

# Open day opens up an exciting new life



*“Ellen and I are now extremely happy here...  
It’s a major step forward in leaving all the worries of house upkeep behind”*

*Paul Stone – Resident*

Being a keen photographer, local resident Paul Stone entered two photographs into the St Luke’s Little Bay Art competition held in March 2010. He mentioned to his wife Ellen that the Art Competition was part of an Open Day, and suggested they have a look. Little did he know this trip would change their lives dramatically. They had lived in the Maroubra/Coogee area for 36 years and the last thing on their minds was a move. This is Paul and Ellen’s story.

## RIGHT TIME. RIGHT DECISION

“After perusing the art entries we wandered through the display apartments and were very impressed. That night we thought about moving and realised it could be both the right time and the right decision. After very little sleep we returned to the apartments the following day and placed a deposit on the one we fell in love with. It is very light and airy with sensational views across the golf course and beyond to the ocean. Having 3 bedrooms it’s ideal, as both our daughters and our four grandchildren live nearby.”

Within 48 hours Paul and Ellen had arranged a real estate agent to sell their house and had spoken to their solicitor. The wheels were in motion.

## LOCK AND LEAVE. NO WORRIES

“The idea of being able to lock and leave the apartment when we travel was also something that was important to us. No more worries about who would look after the garden or collect the mail. I find this aspect of life at Little Bay extremely appealing due to my interest and participation in sport, which goes back quite a way... I commenced running 40 years ago and have competed in over 400 events, including numerous City to Surfs, marathons and one ultra marathon. I was lucky to represent Australia in the triathlon at the Maccabiah Games in both 1993 and 1997, gaining both silver and gold medals. More recently, I competed in the World Triathlon Age Group Championships in Vancouver in 2008 and came 5th. This year I ran 7th in Budapest.”

## A WHOLE NEW BEGINNING

“Ellen cannot wait for me to desist from such activities, which some have labelled a 20 year long mid-life crisis. However, whilst I am able to compete at a reasonable, albeit slower pace, I would like to continue. One advantage is the attrition of numbers in the older age groups and thus my placing improves slowly – I call it the last man standing syndrome!!”

*“In the past I would always say that I never wanted to move from our house, whilst Ellen was secretly checking the Saturday real estate pages for at least the last 10 years.”*

“Ellen and I are now extremely happy here at the Little Bay Apartments and take great pride in our new abode. It’s a major step forward in leaving all the worries of house upkeep behind as well as the excitement of a whole new beginning.”





## *Somewhere lighter and brighter – with a real sense of community*



*“I instantly fell in love with the apartments ... I love the fact I can walk across the road and enjoy the park and the water views with my family”*

*Glenice Hancock – Resident*

“It all happened so quickly!” says Glenice. “I’d lived in Cremorne for six years and hadn’t thought at all about moving. My lovely garden apartment was close to shops, cinemas and restaurants. The main disadvantage was that the apartment faced south-west, so it was cold and dark. And most people who lived in the apartments worked, so there weren’t many neighbours around during the day.”

“On a cold wet July morning I woke up and thought, do I really want to be here in ten years time? And I realised that I didn’t. I wanted to move somewhere lighter and brighter, where there was some sense of community.”

“I also baby sit two of my grandchildren regularly. They live in Coogee and the trip through the tunnels and eastern distributor was becoming more problematic.”

### **PART OF THE FAMILY**

“I spoke to my daughters about my thoughts and one of them suggested I take a look at St Luke’s Little Bay Apartments. I hadn’t been to Little Bay for years, but

I remembered the wonderful ocean views so I called the sales office and made an appointment.”

“I instantly fell in love with the apartments and over one week narrowed it down to a north-facing ground floor apartment. I love the fact I can walk across the road and enjoy the park and the water views with my family.”

### **LIKE A PERMANENT HOLIDAY**

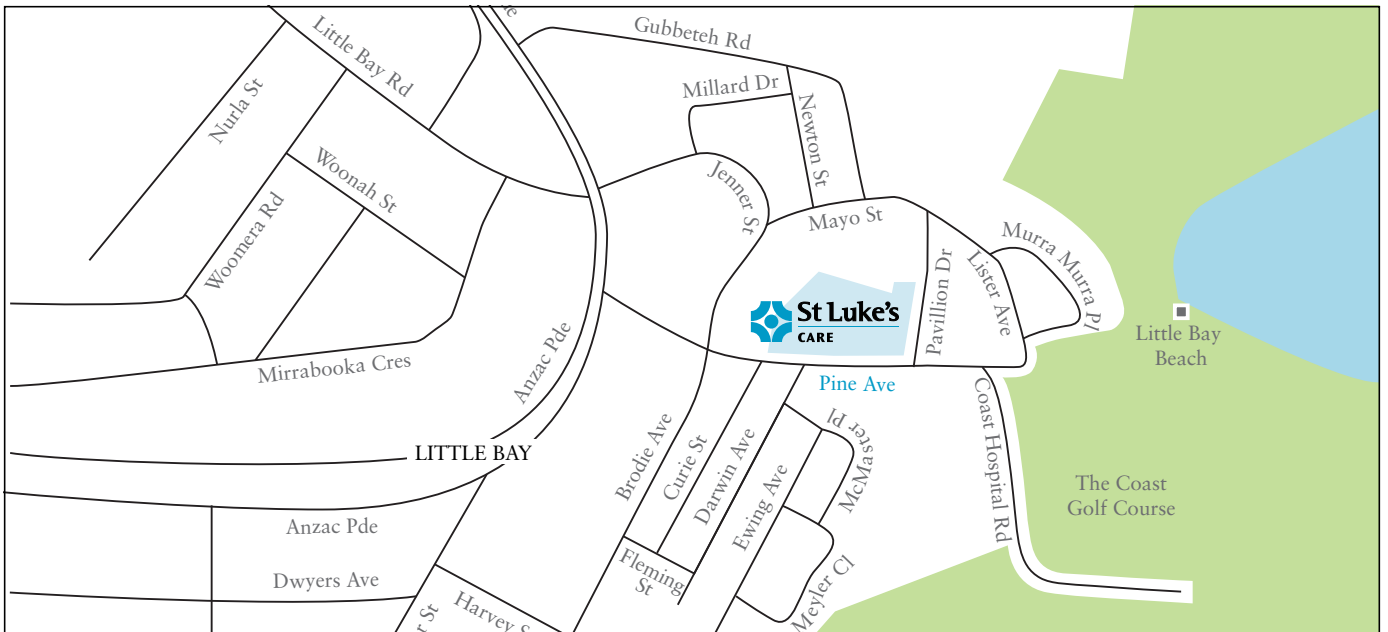
“I always think that when you make the right decision everything just flows and I had never made a decision which flowed so easily.”

“My apartment sold in four weeks and I moved in at the end of October in plenty of time for the family to come for Christmas. My apartment and balconies are so large there’s plenty of room for everyone. There is always someone around to have a chat, everyone is so very friendly – staff and residents alike. I feel like I’m on a permanent holiday, and I love the sense of security knowing there is someone available 24 hours a day should something go wrong. That is really important to my daughters and me.”





Location shot over Little Bay



St Luke's Little Bay Apartments 12-40 Pine Ave (off Anzac Parade), Little Bay.  
 To arrange a no-obligation inspection, please call Jill on 8197 6333 or 0421 279 288.  
 Display apartments open 10am – 4pm Monday to Saturday and Sunday by appointment.

Visit [www.littlebayapartments.com.au](http://www.littlebayapartments.com.au)

St Luke's Care ABN 16 000 009 012